

# CLASS XI HUMANITIES (TERM-1) Syllabus 2021-22

## ENGLISH

Grammar	Tenses & Determiners
Hornbill Book (Poetry)	1. A Photograph
Hornbill Book (Prose)	1. The portrait of a lady 2. We're not afraid to die...
Snapshots (Supplementary)	1. The Summer of the beautiful White horse 2. The Address
Writing section	Notice, Speech, Letter of Placing order

## GEOGRAPHY

Book – Fundamentals of Physical Geography	Chapter-1: Geography as a discipline Chapter-3: Interior of the Earth
Book – India Physical Environment	Chapter-1: India Location Chapter-3: Drainage system
Book – Practical work in Geography	Chapter-2: Introduction to map

## ECONOMICS

Introductory Microeconomics	Chapter-1: Economics & Economy Chapter-2: Central Problems of an Economy
Statistics for Economics	Chapter-1: Concept of Economics & Significance of Statistics in Economics Chapter-2: Collection of Data Chapter-3: Census & Sample Methods of Collection of Data

## POLITICAL SCIENCE

Indian Constitution at work	Chapter-1: Constitution-Why & How
Political Theory	Chapter-1: Political Theory: An Introduction

## SOCIOLOGY

Introducing Sociology	Chapter-1: Sociology & Society Chapter-2: Terms, Concepts & Their use in Sociology
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## I.P.

Unit-1 Introduction to Computer System	Chapter-1: Introduction to Computer System
Unit-2 Introduction to Python	Chapter-2: Getting Started with Python Chapter-3: Python Fundamentals Chapter-4: Data Handling Chapter-5: Flow of Control

## PHYSICAL EDUCATION

Unit-1	Changing trends & Career in Physical Education <ul style="list-style-type: none"><li>• Meaning &amp; Definition of Physical Education</li><li>• Aims &amp; Objectives of Physical Education</li><li>• Career Options in Physical Education</li><li>• Competition in Various Sports at National &amp; International Level</li><li>• Khelo-India Program</li></ul>
Unit-2	Olympic Value Education <ul style="list-style-type: none"><li>• Olympics, Para-Olympics &amp; Special Olympics</li><li>• Olympic Symbols, Ideals, Objectives &amp; Values of Olympism</li><li>• Inter-Nation Olympic Committee</li><li>• Indian Olympic Association</li></ul>
Unit-5	Yoga <ul style="list-style-type: none"><li>• Meaning &amp; Importance of Yoga</li><li>• Elements of Yoga</li><li>• Introduction- Asanas, Pranayam, Meditation &amp; Yogic Kriyas</li><li>• Yoga for Concentration &amp; Related Asanas (Sukhasana, Tadasana, Padmasana&amp;Shashankasana, Naukasana, Vrikshasana (Tree Pose), Garudasana (Eagle Pose))</li><li>• Relaxation Techniques for Improving Concentration- YogNidra.</li></ul>